

MONDAY DROP IN PROGRAM FOR JULY AND AUGUST 2018:

2ND JULY 2018

PLEASE NOTE THERE WILL BE NO DROP IN GROUP THIS WEEK.

9TH JULY 2018

SANDWICHES AT SOL AND EITHER A DRIVE OR A VISIT FROM A GUEST SPEAKER.

16TH JULY 2018

BBQ AT A PARKS VICTORIA PARK WITHIN THE CITY OF PORT PHILLIP IF WEATHER IS FINE IF NOT, BBQ AT SOL GREEN FOLLOWED BY MUSIC EXHIBITION AT ARTS CENTRE.

23RD JULY 2018

FISH AND CHIPS AT THE BEACH.

30TH JULY 2018

PIZZA AT SOL GREEN AND TEN PIN BOWLING WITH RECLINK AT MARIBYRNONG.



6TH AUGUST 2018

SANDWICHES AT SOL AND AGENCY VISIT OR A VISIT FROM A GUEST SPEAKER.

13TH AUGUST 2018

BBQ AT A PARKS VICTORIA PARK WITHIN THE CITY OF PORT PHILLIP IF WEATHER IS FINE IF NOT, BBQ AT SOL GREEN FOLLOWED BY OP SHOPPING.

20TH AUGUST 2018

FISH AND CHIPS AT SANDRINGHAM OR WILLIAMSTOWN.

27TH AUGUST 2018

PIZZA AT SOL GREEN AND TEN PIN BOWLING WITH RECLINK AT MARIBYRNONG.



Monday Drop - In



Want to have a day out? Share a meal and maybe a laugh?
Have a say in the food you eat and the places you see

Then Monday Drop In is for you!!!

We meet every Monday in South Melbourne for a meal followed by an activity. Monday Drop In is designed for people who have mental health issues, other disabilities, socially isolated and live in local rooming houses or SRS accommodation.

We'd love to see you there!

Location: Sol Green Community Centre
Corner Montague & Coventry St, South Melbourne (melway ref: 2J K2)

*if you want to join leave a message for Heather, see below for contact details.

DATE & TIME

Monday 11am – 3pm

STARTS

8 Jan – 17 Dec (ongoing)

COST

\$2 donation for meal & activity

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