

MONDAY DROP IN PROGRAM FOR MARCH AND APRIL 2018:

5TH MARCH 2018

SANDWICHES AT SOL AND EITHER A DRIVE OR A VISIT FROM A GUEST SPEAKER.

12TH MARCH 2018

LABOUR DAY HOLIDAY- **PROGRAM NOT RUNNING TODAY**

19TH MARCH 2018

SAND SCULPTURES – PLEASE BE AT SOL GREEN BY **11AM** AS WE NEED TO LEAVE PROMPTLY AT **11AM** TO HEAD DOWN TO FRANKSTON.



26TH MARCH 2018

PIZZA AT SOL GREEN AND TEN PIN BOWLING WITH RECLINK AT MARIBYRNONG.



2TH APRIL 2018

EASTER MONDAY - **PROGRAM NOT RUNNING TODAY**



9TH APRIL 2018

SANDWICHES AT SOL GREEN AND OP SHOPPING.

16TH APRIL 2018

MARCH/APRIL PARTICIPANTS BIRTHDAY CELEBRATIONS.

23RD APRIL 2018

FISH AND CHIPS AT SANDRINGHAM OR WILLIAMSTOWN.



30TH APRIL 2018

PIZZA AT SOL GREEN AND TEN PIN BOWLING WITH RECLINK AT MARIBYRNONG.



Monday Drop - In



Want to have a day out? Share a meal and maybe a laugh?
Have a say in the food you eat and the places you see

Then Monday Drop In is for you!!!

We meet every Monday in South Melbourne for a meal followed by an activity. Monday Drop In is designed for people who have mental health issues, other disabilities, socially isolated and live in local rooming houses or SRS accommodation.

We'd love to see you there!

Location: Sol Green Community Centre
Corner Montague & Coventry St, South Melbourne (melway ref: 2J K2)

*if you want to join leave a message for Heather, see below for contact details.

DATE & TIME

Monday 11am – 3pm

STARTS

8 Jan – 17 Dec (ongoing)

COST

\$2 donation for meal & activity

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