

Activities for March & April 2018

FRIDAY 2ND MARCH 2018 BRIGHTON ROAD SHOPS

Enjoy walking along the strip shopping precinct, with a wide variety of shops to look at before enjoying a snack together.

Please note there is no group payment cost for this activity today however you need to pay for yourself for anything you choose to purchase at the shops including food & drinks.

FRIDAY 16TH MARCH 2018 TRIP TO BISTRO MORGAN PRAHAN

It is a specialist donut shop. Come & enjoy a tasty sweet treat.

-Please note there is no group payment cost for this activity today however you need to pay for yourself for anything that you decide to eat or drink at Bistro Morgan.

FRIDAY 30TH MARCH 2018 GOOD FRIDAY - **PROGRAM NOT RUNNING**



FRIDAY 13TH APRIL 2018 TEN PIN BOWLING OR PANCAKES

FRIDAY 27TH APRIL 2018 MOVIES

*PLEASE NOTE PROGRAM TIME ADJUSTMENTS AND AFFIRMATION OF PICK UP AND DROP OFF TIMES:

THE TIMES FOR THE WAG GROUP HAS BEEN ADJUSTED TO 12.30 – 3.30PM. Women's Group is a 3 hour program. (This does not include the pickup times or drop off times. A half hour either side of the program is allocated for pickups or drop offs)

PICK UP AND DROP OFF TIMES REMAIN THE SAME. THAT IS:
THERE ARE TWO BUS PICK UP LOCATIONS:

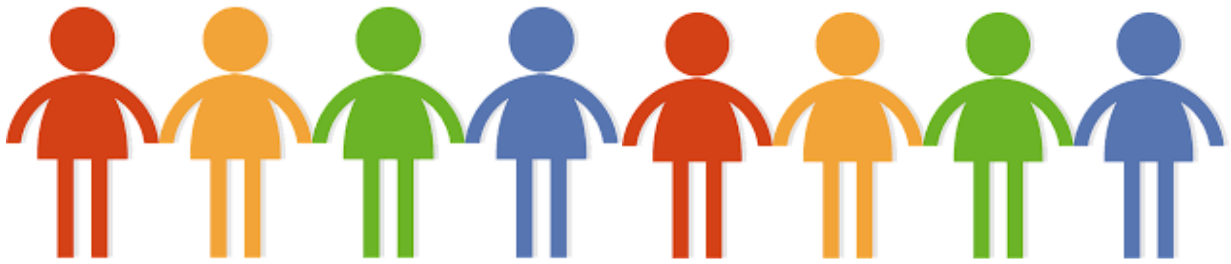
12pm ST KILDA TOWN HALL (BRIGHTON RD SIDE)

12.30pm PORT MELBOURNE NEIGHBOURHOOD HOUSE

DROP OFF TIME IS BETWEEN 3.30 – 4PM. PARTICIPANTS WILL BE DROPPED AT THEIR HOME WHERE POSSIBLE OR IF REQUIRED AS LONG AS IT IS WITHIN THE CITY OF PORT PHILLIP. THE FINAL DROP OFF POINT IS THE ST KILDA TOWN HALL AT 4PM.

PLEASE NOTE: ALL NEW PARTICIPANTS NEED TO BE CITY OF PORT PHILLIP RESIDENTS.

Women's Activity Group



Would you like to meet other women in an interactive environment and supporting social network?

Then Women's Activity Group is for you!!!

WAG is a fortnightly social and recreational program for low-support independent women with mental health issues, who may also have other physical challenges/disabilities.

The group is supported by two facilitators and generally involves a social outing, activity, presentation or workshop and there is a dynamic range of activities offered. The group is designed the interests of the participants wherever possible.

Transport is provided for those who live in the area

To register your interest please call Heather, see contact details below or mobile on 0402 648 618. Current members please text or call Heather to confirm which events you want to attend/book for.

DATE & TIME	12.30 – 3.30pm every second Friday
STARTS	20 Jan – 8 Dec (ongoing)
COST	\$5 per session (unless otherwise noted)

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