

## **MONDAY DROP IN PROGRAM FOR NOV AND DEC 2017:**

**6<sup>th</sup> NOV 2017**

**BBQ, WEATHER PERMITTING ON THE BANKS OF YARRA, IF NOT, AT SOL GREEN.**

**13<sup>th</sup> NOV 2017**

**FISH AND CHIPS AT THE BEACH**



**20<sup>th</sup> NOV 2017**

**SANDWICHES AT SOL AND OP SHOPPING OR GUEST SPEAKER from the CITY OF PORT PHILLIP HOME AND COMMUNITY CARE TEAM.**

**27<sup>th</sup> NOV 2017**



**PIZZA AT SOL GREEN AND TEN PIN BOWLING WITH RECLINK AT MARIBYRNONG.**

**4<sup>th</sup> DEC 2017**

**SANDWICHES AT SOL AND OP SHOPPING.**

**11<sup>th</sup> of DEC 2017**

**FISH AND CHIPS AT THE BEACH.**



**18<sup>th</sup> DEC 2017**

**CHRISTMAS BREAKUP ROAST LUNCH AT SOL GREEN AT 12 NOON THROUGH TO 2.30PM.**

**THERE WILL BE NO BUS PICK UPS TODAY SO YOU WILL NEED TO FIND YOUR OWN WAY TO SOL GREEN AND HOME AGAIN.**



**HAPPY 2018! SEE YOU IN THE NEW YEAR**

## Monday Drop - In



Want to have a day out? Share a meal and maybe a laugh?  
Have a say in the food you eat and the places you see

### Then Monday Drop In is for you!!!

We meet every Monday in South Melbourne for a meal followed by an activity. Monday Drop In is designed for people who have mental health issues, other disabilities, socially isolated and live in local rooming houses or SRS accommodation.

### We'd love to see you there!

Location: Sol Green Community Centre  
Corner Montague & Coventry St, South Melbourne (melway ref: 2J K2)

\*if you want to join leave a message for Heather, see below for contact details.

### DATE & TIME

Monday 11am – 3pm

### STARTS

8 Jan – 17 Dec 2018 (ongoing)

### COST

\$2 donation for lunch & activity

\$1 for lunch only

Port Melbourne Neighbourhood Centre  
Cnr. Nott & Liardet Streets, Port Melbourne  
PO Box 721, Port Melbourne VIC 3207  
ph. 03 9645 1476 fax 9645 4539  
admin@pmnc.org.au  
www.pmnc.org.au